

in Manual

XIANGGE LIU INT 402 DESIGN VI: THESIS INSTRUCTOR: KARIN TEHVE THESIS STATE INTRODUCTIO PROGRAM & U SITE & CONTE OBJECT DESIGN METH DESIGN RESEA

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The project interrogates the perceived boundaries between nature and the built environment using Mixed Reality. The project translates the visual therapeutic qualities of natural phenomena into digital projections, using techniques borrowed from fine art. The test site is the Guggenheim Museum in New York City, but similar strategies could be applied to any urban environment, anywhere an immersion into nature is not possible.



FORM OF SPACE: MIXED REALITY

What is Mixed Reality?



Image: Mixed Reality is the result of blending the physical world with the digital world.



Image: The interactions between computers, humans, and environments.

Mixed Reality is a blend of physical and digital worlds, unlocking the links between human, computer, and environment interaction. This new reality is based on advancements in computer vision, graphical processing power, display technology, and input systems.



Starting with the physical world, a digital representation of another person--an avatar--shows the location where they were standing when leaving notes. In other words, experiences that represent asynchronous collaboration at different points in time.

DEVICE & EXAMPLES OF MIXED REALITY:





Physical world



Starting with the physical world, placing a digital object, such as a hologram, as if it was there.



Starting with a digital world, physical boundaries from the physical world like walls and furniture appear digitally within the experience to help users avoid physical objects.





The program of the project is walking meditation in mixed reality format. Users will put on MR glasses and immerse themselves into the dynamic mixed reality environment that exists in interi-or condition and healed by therapeutic qualities of natural phenomena happening in forest, mountain and meadow, for instance. The project also made some references to forest bathing.

USER GROUP:





People with too much stress

People lives in urban environment that do not have chance immerse into nature





People who likes hiking/walking in nature

People who enthusiastic about games/mixed reality

SITE & CONTEXT:



"Digital Projection" by obscura





Wu Tsang "sonic space"

Reasons for testing in museum of Guggenheim New York:

- The prgram will be hold during the night time, after the museum's regular opening hour in order to avoid conflict with existing program.
- MR represents new layers of information that will blend the physical and virtual worlds and rewrite the experience of monumental site without deconstruct it.

Mixed reality will bring natural elements into this "concealed" space during the night in a dynamic form so
that people can experience the beauty of nature and healed by it in an innovative way.

Site model & plan:



PROGRAM & SECTION & ANALYSIS:



Elevator



MR art works space



Walking Path



Observation Spot



Waiting Lounge







OBJECT STUDY : MR GLASSES

MR glasses are relatively easy to carry and more light. The MR glasses have a physical display that cover most of the user's field of vision. The front end of the MR glasses is equipped with a holographic device. The MR glasses have two earphones on either side for the user to listen to the sound. Users can use it to observe the virtual environment around them, as well as view physical conditions and meditation information.

the application of Mixed Reality has gone beyond displays to include:

Environmental input Spatial sound Locations and positioning in both real and virtual spaces





display





Museum of Guggenheim (Before MR Transition)



是非成区

Natural Phenomena

Natural Phenomena in paintings

The Rocks, 1888, Vincent Van Gogh

"Sous-bois": 19th-century rural painters climbed forested areas for a close view of wooded scenes. Evoking the trees and grassy undergrowth, were often made vertically on canvas, as opposed to horizontal views of sweeping landscapes. In a sous-bois genre, the sky is barely visible, just a glimpse of sky sometimes penetrating the branches.



Trees and undergrowth, 1887, Vincent Van Gogh



Visible shapes of the tree trunk refers to the vertical composition on canvas from "Sous-bois" genre





Pointillist stippling painting techniques







dots

Simplify into illuminating

"Colour contrasting" : Van Gogh uses lots of contrasting colour to depicts the colour of flowers. Trying to render intense colour and not a grey harmony. "In colour seeking life the true drawing is modelling with colour."



Poppy Field, 1890, Vincent Van Gogh



Strong contrast between colors, "Trying to render intense colour and not a grey harmony. "



grass

Simplify into illuminating dots with contrasting colors



Simplify the shape of grass. Our attention goes below our eye level in meadow



grass shape

illuminating dots with simplified







"Impasto": Impasto is a painting technique where paint is laid on an area of the surface in very thick layers, it is usually thick enough that the brush or painting-knife strokes are visible and seems coming out of the canvas. Van Gogh used this techniques to paint the swirls in the sky.



The Starry Night, 1889, Vincent Van Gogh



swirls in the sky refers to "Impasto"of layering surfaces.



illuminating lines







Simplify the swirls into short curves

"Linear quality" : Van Gogh used wide different brushstrokes to create varying textures through the canvas, which is increasingly stylized with a linear quality that was offest through his continued exploration of the effects of colour.



The Rocks, 1888, Vincent Van Gogh

organic shape



Spatial Translation









Transition of the lighting colour, from single green to multiple different colour

Lighting transform into forms

RESEARCH/DEVELOPMENT/SKETCHES : Deep Forest

nature phenomena

painting

Trees and undergrowth, 1887, Vincent Van Gogh

Key words trunks pointillism limitless repetition distance inensity

Muqarana Mutation Michael Hansmeyer

Zeller & Moye

Baitogogo

Henrique Oliveira

Luminous Tree

Tom Price

Hope Tree Client: Design Association NPO + Dezeen

Singing Tree Es Devlin

Trabsarquitetonica Henrique Oliveira

Plastic Tree installation Pascale Marthine Tayou

Vana Orproject

thank bad

The thinks are constantly goin there ever the viewer moves. the tree-truts starks to assist the

gaps in botamon this case, viewers don't Le trinks will about lioners.

38

a nlala

DIGITAL MODEL DEVELOPMENT:

APPLY INTO SITE:

Test of Ceiling & Floor conditions

Extrude trunk shapes (cylinder) from ceiling that above eye level

Change the material into transparent glass

Switch the time to night Change some of the cylinder into illuminating cylinder

Changing the surrounding environment

Changing the surrounding environment's material into mirror to create immersive effect

Translating some trunks into illuminating dots as well

Adding illuminating dots (inspired from pointillism & firefly)

Adding another level above the existing level, trunk cylider extrude from the floor of upper level and dropping from the ceiling of lower level

Test in Site

Adding topography

Changing the surrounding environment's material into mirror to create immersive effect

Extrude short cylinders and creating light particles to represent "undergrowth" in painting

Test in Site

View from far away

Changing the surrounding environment's material into mirror to create immersive effect

Cylinder dropping from the ceiling of lower level

Cylinder extrude from the floor of upper level

View from far away

RESEARCH/DEVELOPMENT/SKETCHES : Flowered Meadow

nature phenomena

painting

The Poppy Field near Argenteuil, 1873 by Claude Monet

Poppy Field, 1890 by Vincent Van Gogh

A Meadow in the Mountains: Le Mas de Saint-Paul by Vincent Van Gogh

Poppy Field, 1890 by Vincent Van Gogh

RESEARCH/DEVELOPMENT/PROCESS: Top of Mountain

Impasto From Wikipedia, the free encyclopedi

of the carwas. Purposes (oce)

DIGITAL MODEL DEVELOPMENT:

DESIGN METHOD:

natural phenomena

painting

The Starry Night, 1889, Vincent Vogh

Starry Night

tails of Van Gogh's The Starry Night exhibited at the Museum of Modern Art of New York

Venus

Hills and sky

Left part of the canvas and

Stars in the sky

swirls in the sky refers to "Impasto" of layering surfaces.

painting technique

he impasto technique serves several purposes. First, it makes the light reflect in a particular way, giving the artist additional control over the play of light in the painting, Second, it can add expressiveness to the painting, with the viewer being able to notice the strength and speed by which the artist applied the paint. Third, impasto can push a piece from a painting to a three-dimensional sources and endering. The first objective was originally source by Rendmand, Titlan, and Vermen, to represent folds in dothes or jeweits: It was then justaposed with a more delicate painting shife. Much later, the French

presidentis created pieces covering entire converses with rich impacto tentures. Vincent van Ough used it Incountly for anothetics and expression. Abstract spresidenties such as Harts Hotmann and William de Koording also made extensive use of it, molivated in part by a desire to create paintings which

ramatically record the action of painting itself. Still more recently. Frank Austrach has used such heavy impacto that some of his paintings become nearly

This article is about the painting technique. For the pottery type, see Impasto (pottery Impasto is a technique used in painting, where paint is laid on an area of the surface in very thick layers.^[1] usually thick enough that the brush or painting-knife strokes are visible. Paint can also be mixed right on the canvas. When dry, impasto provides texture; the paint appears to be coming out

impasto gives texture to the painting, meaning it can be opposed to more flat, smooth, or blended painting styles.

Distort swirls into 3D dimensional

Simplify into illuminating dots

Starry Night by van Gogh (1889). The impasto technique and line structure gives his viewers the feeling that the sky is moving.[3]

| Description and Technique Used | stars |
|---|--------------|
| Van Gogh preferred to layer his paint thickly on the carwas in a method called impasto. Starry Night is an oil painting impasto on carwas, done during the post- | layering |
| impressionist period (Artible 2014). It is 73.7 by 92.1 certimeters. | dynamic |
| Within the painting, Van Gogh uses a contrast in lines to show depth, as he painted the <u>city with cam straight lines</u> and the <u>sky in chaotic swiths</u> in addition, the town's solid linear lines are meant to show that it is quiet and without movement, it is askep. While on the other side of the spectrum is the sky full of | curve |
| languid lines that swirt because the painter wants the viewer to feel how alive the sky is. He wrote his brother Theo, "The starry right is more alive and more richly colored than the day" (Varnedoe), which has been thought to mean that Van Gogh was more invested in the stars than he was the city below them. The | |
| underlying landscape is uniform other than the cypresses in the foreground. It is separate from the city and contains moving lines that create an almost flame- like shape. It is the only object in the painting that is more a part of the night sky than the background of the city. <u>The combination of the impasto technique</u> | liiuminating |
| and the varying line structure gives viewers the impression that the painting is moving, thus capturing the life Van Gogh sees in the night sky, http://vangognsstarrynigntananalysis.weebiy.com/descrip- | mix |

3D swirls into illuminating dots

The Starry Night, 1889, Vincent Vogh

nttp://vangognsstarrynigntananaiysis.weebiy.com/aescrip-tion-and-technique-used-in-starry-night.html#:-:text=Van%20Gogh's

USER STUDY:

Option 3: Desqu. One costure/suit for bloke nootration. meditation "suit". option 9: Dosign deflorant suits for deflorent levels

SEQUENCE DRAWING:

Wow~it changes again!

Wow~the elevator changes!!!

Deposit my jacket

12

Elevator menu

Got my MR glass!!!

11

04

10

Take on my MR glass

DESIGN STRATEGIES RESEARCH/PROCESS:

Design Strategies:

The most important design strategies is use biophilic design to recreate the perception of nature phenomena, a naturally inspired mixed reality environment, Biophilia in nature is not about bring moss or flowers, painting the walls with blue white represent sky. Start to include elements of nature, wind, water, fire and then being able to bring something enthusing.

Strategies 1: appropriate levles at natural sequence and the hydraulic cycle

Imagine the water from the sky clouds that turning into rain, rain drop into mountain, to the forest, forest flow to the crag, crag goes to the river, river meets the sea, that is a natural water cycle.

firefly

rembrandt - Landscape with the rest on the fight to egypt 1647

Light blinks disappear moments contrast between light and dark warmth infinity movements distance

Key words

artworks

Infinity mirrors Yayoikasuma

Trees and Lindergrowth (1887) by Vincent Van Gogh

rembrandt - Landscape with the rest on the light to egypt 1647

trunks pointillism limitless repetition distance inensity

forest

raining

Paris The Place De L Europe on a Rainy Day 1887 by Gustave Callebotte

movement dropping disappear speed inensity reflection

Mugarana Mutation Michael Hansmeyer

Rain Room rAndom international at the Barbican

snowing

Possible outcome of Program: Healing urban people from stress.

Location: New York

1.Firefly lives in forest

Due to lighting pollution people can not see stars in NY

2. glowing tiny organisms lives in ocean

3. Aequorea Victoria lives in ocean

Night

What if people going to forest like central park at night? However there is no light in the park Central park is closed at night It is dangerous over there

What if people going to museum at night?

Most museums are closed at night.

What if new yorker going to somewhere is quiet and peaceful to release their from stress rather than going to club & bar thats so loud? Can people going to museum and central park to relese their stress?

What if Guggenheim opens at night, and people going there can also enjoy the quality of the forest from central park at night during regular working days after their work.

Guggenheim is already a very concealed place, the only place where most of the natural light comes in is from the big window at the top. What about the night when there is no natural light comes in?

The healing power of light

Media- the mix between virtual reality & reality

The moment when people put on the head-set they already entered a mixed reality environment.

What if designing chambers for Guggenheim? Each chamber is where virtual elements happens.

The design can translate user's emotions into When users touch the dropping columns, the color of the columns will change in respond to visual and acoustic Feedbacks from 2nd Midterm Review user's emotion ex. green represent peace, red is anxious 1. What is the end? What to heal ?Healing mental state, which is 2. Not clear about the material strategy of the design. emotion How: The mixed reality goggles could test 3. Bioluminescence of firefly seems not related with the painting. brainwaves, heart-rate variability, and galvanic 4. It does not has to be that specific painting, explain why use that painting Interactions that can healing people. "healing skin response. more specifically. What is the position of art in your case. interactions" 5. Explain the program more clearly ex. An exhibition of healing after regular hour 6. How do you want audience engage with the space? How audiences interact Creating this experience that immerse people Creating this experience that immerse people in projected natural phenomena that inspired in projected natural phenomena that inspired from art. from art which can interact with users. 7. Draw a diagram to show the circulations in Reality and one diagram to show the circulations in Mixed reality. Compare what are the differences. tegrate nature into architecture (Making Connections between Reality and Mixed Reality) 8. How spatially (spatial context)understand Guggenheim? Take advantages of the site? 9 10. Explain more about what Mixed Reality doing in your case. 11. Not clear behind what is that spectacle ownership of mixed reality. Explain more. 12. Explain the lens design. Design :

Research :

The gaption forum (light) and the calculate of the scalar of maximum gaptions of spins data. This is evolved in the scalar of the calculate of the calculate of the scalar of the spinshese the scalar of the scalar of the scalar of the calculate of the scalar of the scalar of the spinshese the scalar of the

can be been advected and a second second

Users stand in the middle of the "trunk", and the color of the "trunk" change respond to user's emotion

Once the "trunk" changes color respond to user's emotion, the surrounding zone of small "trunks" dropping from ceiling will also changes color

Summarize/Reflect/Plan

Tips:

1.Too many things going on, list of criteria, what is upfront thing to my project should emphasize more and first.

2.Don't try to explain it, using visual graphic to explain sequence and narrative3. What the most important things I want to achieve and what the less important things.

Thesis questions & answers :

1. What is the most important thing from this experience? What the experience really is? Convince me I want to go through it not for the sake just someone did it. What makes people want to go back there?

The project aims to heal people from the power of nature, allowing people to see some incredible natural wonders and feel the beauty of nature without having to travel far away. Instead of the traditional approach of integrating natural landscape into architecture, the project will use mixed reality as a medium to allow people to feel the presence of nature around them at any moment. People will be immersed in this virtual and real combination of the environment to carry out walking meditation, the dynamic virtual natural landscape will bring people unprecedented shock experience, which is an innovative means to heal the mind with nature.

2. Why you need to do this in Guggenheim? Why need the site contribute to your thesis, does it need to be a museum? Why need the site, it could be anywhere. Take advantage of the museum.

- 1. MR represents new layers of information that will blend the physical and virtual worlds and rewrite the experience of monumental site without deconstruct it.
- 2. Mixed reality will bring natural elements into this closed inorganic space in a dynamic form so that people can experience the beauty of nature and healed by it in an innovative way.
- 3. The site has different layers composed in a continuous way, each layer could represent one natural phenomenon and the continuity qualities blur the boundary of each nature phenomena.
- 4. The site has the quality of hydraulic cycle.

3. What experience behind the glass do, make it clear, what people see behind glass?

Behind the mixed reality glasses, people can see the physical world overlay with digital objects such as hologram. Everything in the physical world are possibly transfer into digital world, the physical boundaries from the physical world like walls and furniture will appear digitally within the experience to help users avoid physical objects.

4.Why use mixed reality? Why do we need a mixed reality glass? Why it is so important? Is it a program? Do you want to visualize it randomly or programed? Address the advantages of mixed reality!!!

Mixed Reality is a blend of physical and digital worlds, unlocking the links between human, computer, and environment interaction. In Mixed Reality environment, people will not be bound by time, distance, geography, location and other realistic factors. Virtual objects can not conform to physical laws in front of people, they will be presented in the form of dynamic changes in front of people. People will get some unprecedented experience, people can experience the instantaneous transformation of the surrounding environment, such as in a dark and lifeless space to experience the vitality of nature.

4. What are your design strategies?

1. The most important design strategies is use biophilic design to recreate the perception of nature phenomena, a naturally inspired environment.

Research : Can Biomimicry/Nature Affect Human Psychology?

| ENVIRONMENTAL FEATURES | | | | |
|------------------------|------------------------|----------------|--|---------------------------------|
| Sr. No | ATTRIBUTES | INTERPRETATION | ARCHITECTURAL APPLICATION | GENERATED EFFECT |
| 1 | Color | | Humans are always more attracted to the natural colors. Like the colors of the sky, the color of sea and the yellow of the sun. That is why it has more affinity towards it. | Sooth Relaxation Calm |
| 2 | Water | 2 | Water is an essential need that we all share. It resembles abundance and wellness. Which is why it is a effective element of landscape as it shows close affinity to nature. | Relax Peaceful |
| 3 | Air | | Just like the other essential elements of nature. Air is one of that element that decides the well being of the user as well as the functionality of building. Air is something we are used to and gives us a nature based feeling. | Calm Peacful |
| 4 | Sunlight | | Light has been a essential element and it can develop our health well being and feelings. We are diurnal and we always depended on sight for food to security. Hence light gives us power and is our intellectual need. | Joyful Energetic Happy |
| 5 | Plants | A CONTRACTOR | Plants, shrubs, trees, creepers. Any form of vegetation is a natural indicator of prospect. A place on which we depend and rely. As it is our most comfortable environment that acts as luxury. | Comfortable Happy Relaxed |
| 6 | ☆ Natural materials | | The texture and patterns of such natural materials are the indicators of safe environment. Which makes us feel at ease and in nature. Sensation that the patterns evoke is only possible through these patterns. | Feeling of Belonging |

| | | NATURAL | PATTERNS AND PROCESS | |
|-----------|---------------------|----------------|--|---------------------------------------|
| Sr. No | ATTRIBUTES | INTERPRETATION | ARCHITECTURAL | GENERATED EFFECT |
| 1 | Sensory Variability | Jane State | Senses are the strongest components that when simulated can help create a natural environment. Which can help the user have a total experience with the use of all the senses. | Joy Care Excitement |
| 2 | ☆ Time | | Changing with time is another attribute of nature. Thus the building should be built with the thought of the 10 - 15 years in future. | Curiosity Happiness Longitivity |
| 3 | Growth | | Growth is a underivable truth of nature. And structures should be able to withstand the growth that might happen with time. Thus making way to incremental housing. | Joy Excitement |
| 4 | Focal point | | A focal point of the landscape and design helps in bringing together various factors together in coherence. Just the way it is in nature. | Excitement Curiosity Balance |
| 5 | Bounded space | | Humans like other mammals are highly territorial. Hence even in coherence we want to have a boundary for ourselves. | Security Care Belonging |
| .0 | Transitional space | | Humans like other mammals are highly teritorial. Hence even in coherence we want to have a boundary for ourselves. | Joy Curiosity Excitement |
| 7 | Cinked series | | In nature everything is different but still is connected. The link that connects them all into a whole. Making them a whole. | Sense of belonging Connection |
| 8 | Fractain | | In every natural things we see. There are fractals present in them. Which follow a pattern throughout. Thus these fractals's can simulate a natural feeling. | Belonging Balance Harmony |

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| | | EVOLVED HUN | IAN NATURE RELATIONSHIPS | |
|-----------|--------------------------|----------------|---|--|
| Sr. No | ATTRIBUTES | INTERPRETATION | ARCHITECTURAL | GENERATED EFFECT |
| 1 | Prospect and refuge | * | A prospect is something which our ancestors considered as an opportunity to hunt and gather food and materials. As refuge is considered to be the cave, Thus, the feeling of belonging and opportunity resides together in nature. | Curiosity Happiness Longitivity Belonging |
| 2 | Order and Complexity | | Even though nature follows patterns it creates a certain disturbance. Which creates a variety in the structure and placement. | Balance Coherence |
| 3 | Curiosity and enticement | * | The routes are kept meandering and twisted and they create a sense of curiosity and enticement. Which is generally observed in nature. | Curiosity Connection Excitement |

| | NATURAL SHAPES AND FORMS | | | | |
|-----------|-----------------------------|----------------|---|---------------------------------------|--|
| Sr. No | ATTRIBUTES | INTERPRETATION | ARCHITECTURAL APPLICATION | GENERATED EFFECT | |
| 1 | Botanical motifs | 認認認 | These simulate the plants and other natural vogetation forms. Which create a sense of belonging and prospect. | Belonging Secure | |
| 2 | Trees and supports | 1 | Trees have been a essential factor in terms of food, shelter and comfort. So having them in the structure makes the space a simulator as a forest. | Belonging Refuge Peace | |
| з | ☆ Shells and spirals | € \$ | These spirals and shell forms are another detail representation of natural world. Which can simulate the natural setting of sea side and forest areas. | Sense of belonging | |
| 4 | Resisting straight lines | 上口 | In nature generally there is no rigid geometry like right angles or straight lines. The natural shapes are more curve and free. Thus avoiding them helps making the environment more familiar. | Symbiolic with nature | |
| 5 | ☆ Eggs/oval shapes | - | The egg shaped and oval shapes are generally preferred as they are more flexible to the eye and can be found in many elements of nature. | Sense of belonging is simulated | |
| 6 | Golden ratio | | Starting from the bee wing to the honey comb. Each of the element comprises of the golden ratio. Which can be found in different natural elements. | Belonging Affection | |

AR experiments

Advancing Digital Technology Integrated with Nature

Digital Naturalness is

as many space, a part or may a design correct, a class the signle postdarea, and a community for subscript transmission.

Our mission is

to integrate deep. Poeth incuring datems of seture reto digital Acheology to generate general website, bein by and alveness for humanly and establish a netwark conditional instances between network and technology.

We have asked two questions:

Biomimicry

There is a not history of design inspired by nature. One of the earliest examples is the artificial neural network developed by Warren McCullach and Water Pitts in 1943 to untrate neuronal behavior (McCullach and Pitts, 1943) in the late 1950's. One Schmitt cohood the term "biominetics" and facused his means for minicking the electrical activity of a nerver (Hartness, 2002). The term "biomics" was coined by Jack Steele in 1960 to describe a way of solving engineering problems using biology ("Blonce") in 1992, Janne Bonyus coined the term "biominetics" to describe "meavation impired by nature" in a book that brought biominetry to the forehort of green design (Benyus, 1997).

Biominetic TRVZ

• THI2 is a completion of principles used to solve problems and resolve contrastictions across multiple designmes ("THI2 Methodology, Tools, Articles and Case Studies"). THI2 was ariginally developed to solve problems in physics and chemistry, recent efforts are being mede to apply it to information technology and software development (Bedomann, 2015). Biomimetic THI2 is a recent development of the program which incorporates biological solutions to problems in to database, it is not close whether the Biomimetic THI2 database has yet usen applied to digital socimology.

Technobiophing

Biophilia is a term coined by E.O. Wilson as "the innate attraction to the and tilensic processes" (Kalliet and Weson, 1993). Biophilic design is intended to replicate human experimens in nature and to craste spaces that reinforce that connection. It is a way to improve health and wellmost. For exemple plents and photos of nature scenes are used in intend design, coartyards, natural lighting, and water elements are implemented in antihectural design, and parks and groenways connect humans to nature in urban design. Technoblophile is the "innate attraction to Me and Molike processes as they appear in technology" as connect by Sue Thomas (Thomas, 2013). Technology developed with technoblophila in mind helps increase our connection with nature while anime.

- How can digital technology be built with the patterns of nature in mind to improve humans' aliveness, wellbeing, and the beauty of our lives?
- 2. What digital technologies could contribute to nature being sustained and made ever healthier, directly and/or by improving humans' ability to sense, appreciate, and positively participate with nature?

ROOM STUDY:

Forest THE INSPIRATION

INSPIRATION WORDS:

Forest, early morning, breath, birds, green leaves, branches, soil, deep breathing, sunshine, natural, fresh, rain, fog, wood, quiet, time, flowers, green, organic, clear, river water, mountains, cicadas, summer, warm, growth, ancient, history

Materials Rainforest Green Marble

Thesis Statement

I want to create a meditation space that make people feel relax, one of the space will be inspired by the theme of forest . It will be an AR virtual space, but it will look similar to the reality, the choose of the materials, design of the space, lighting, quality of the room will be created based on the theme of the forest. But there are many dynamic and virtual elements, such as virtual waterfall and trees , weatherwill be engaged.

physical condition

Program Area Diagram

| | void area : 7154 sqft |
|---------------------------------|-----------------------|
| walking meditation : 13426 sqft | |
| | |
| aka gross area : 40639.074 sqft | |

after MR effect

a wall condition 1 : wallpaper b flooring condition : wood floor c ceiling condition : gypsum

physical condition section B

physical condition section A

a wall condition 1 : Valchromat b wall condition 2 : pallas upholstery fabric c ceiling condition : crystal foldscapes ceiling tiles d flooring condition : rainforest green marble

after MR effect section B

61 physical condition section A

NETWORK STUDY:

Interior Forest bathing/Meditation Instruction

| | 1.Prepare for this therapeutic exercise include time/setting in waiting room. |
|----------------------|---|
| Preparation | 2.Read the instruction of forest bathing carefully, and important matters in waiting room, |
| | 3. Take health measurements like stress level in waiting room, |
| | 4,Remain restful and peaceful in the forest setting in waiting room. |
| | 5. Find a suitable location in natura/levels, by taking elevator to different levels/environments. |
| | 6.Enter the level that you chosed, stand still, and recognize your body in space. |
| Meditation/bathing | 7.Proceed with the bath by walking forward mindfully |
| mountations satiring | 9.Reflect on yoursell/immerse yourself |
| | 10.Find a observation spot and sit in one location for a minimum of 20 minutes to observe and meditate yourself |
| | 11.Return to mindful walking and continue with the meditation/bathing sesaion |
| Conclusion | 12.Conclude your session with tea ceremont, but do not make an immediate return to everyday life. |

Program Diagram

The network in my project consist of the prosdure of forest bathing (meditation) sequence. The program has been distributed into three different phase: Preparation, meditation and conclusion. The preparation stage happen at the waiting lounge, users will prepare time setting, reading construction, taking health measurements and stay calm. The second phase is meditation/bathing stage which happens at walking path and observation spots. At first users will find their suitable locations in nature/levels by taking elevator to different environments. Once they enter the level they chosed, users will stand still and recognize their body in the space, processed with the bath by walking forward mindfully and reflect themselfs. Users need find a observation spot in order to sit for minimum of 20 minutes to obseve and meditate themselves. At the conclusion stage users will conslude the session with tea ceremony in dinning hall to recover their body&mind energy. There are total five different environment levels provided for mdeitation, in the deep forst level there are more engagement through touch; flowered meadows focus on scent based engagement; stream valleys focus on sound enhance; top of mountain provide a more boardly visual relaxation, the las one is mysterious ocean. The elevator is a very important threshold in this project, it can transfer users to their individual preferred levels. The interior of the elevator will also changed with the destination level that user chosed.

Thresholds images from social media

.

6

1

35 🕤

22 🕗 23 🕃 22 🕃 21 🕃

Threshold condition

Elevator to the "Deep Forest" floor

Elevator to the "Deep Forest" floor

OBJECT RESEARCH/SKETCHES :

Walking meditation- focuses

1.Stop wander&thinking while you are walking, activate your sensations rather than ideas. Observe everything around you like a camera,without any associations, thinking. Listen carefully to your surroundings. Vision/Hearing - AR glasses

2.Pay attention to your path, the support of the ground to the foot. Feel the connection between your feet with the ground. Feel the temperature, hardness/softness,just feel it.

Touch - Body sensor on leg /AR glasses(can also conduct feels to user's brain)

3. Feel the coordination of your breath and steps. Take a step forward as I inhale, another step as I exhale, and find your own rhythm. Feel the movement of weight and attention between your legs and the muscles pulling in your legs and feet.

The coordination of Body sensor with AR glasses

AR glasses precedent- Microsoft hololens 2

Body sensor precedent- Nintendo switch ring fit adventure

AR glasses

AR glasses are relatively easy to carry and more light. The AR glasses don't have a physical display. They can transmit virtual five senses directly to the human brain. Users can use it to observe the virtual environment around them, as well as view physical conditions and meditation information.

Body sensor

Users can attach body sensors to their legs, which will interact with the AR glasses. It will help users feel the temperature of the ground in the AR environment, the vibration of the ground, the movements that people need to move during meditation, and the power transfer between their legs.

KEY QUESTIONS :

- 1. What kind of impact (creative, intellectual, communal, civic, social, etc.) do you hope your project will have? What strategies will you employ to achieve the desired impact?
- 2. What are the main influences on your thesis work? These might be historical, social, political, and/or physical forces or phenomena. Use concrete examples: design precedent work, political movement, cultural occurrence, or work from outside the design field could all apply.
- 3. How might your proposed thesis act as a catalyst for your creative and professional growth? How might your thesis require changes to the way interior design is practiced professionally?
- 4. Who are the specific audiences/communities that you hope to engage through this exploration? How are you hoping to reach them?
- 5. Speculate: will your project take an original and imaginative approach to content and form?
- 6. How does your thesis take a responsible position in relation to the limited resources of the planet? What specific aspects of your project will implement this position?
- 7. Describe the processes and materials you would be using to realize your design as a built work. How do they represent an invention within the field of interior design?
- 8. How do your thesis ideas (or project) contribute to the wellbeing of your proposed users or inhabitants? Do they contribute to the wellbeing of the community?

- 1. I hope my project will have innovative impact to the society. The strategies that I used are using Mixed Reality as a media to translate natural phenomena into built environments by borrowing techniques from fine art. The similar strategy could be also used into any urban environment where an immersion into nature is not possible.
- 2. The main influences of my work are nature and art. I did research on different natural phenomena and did a study on each of them. I looked at how does painter Vincent Van Gogh depicts those phenomena in his works hundred years ago and spatial translated them into a new thing. I also did a research on how modern architect and digital artist integrates/translates nature into built environments.
- 3. My thesis helped me have a better understanding of analysis everything around us (spatial/materiality/phenomena/fields), and making better design decisions. Interior design may adapt into digital environments in the future, and have an innovative way to integrate nature into interior conditions.
- 4. Especially people are suffering from lack chance to engage with nature in urban environment or due to pandemic cannot go out. I hope my project will heal them.
- 5. Yes.
- 6. My thesis rarely used any materials except Mixed Reality goggles. Everything is digital, which means it won't be affected by time.
- 7. I think in my project there are not really "materials". Everything is from phenomena. A column looked transparent is because I wish to achieve tranquility effect to healing people rather than because it is a "glass". The project is pursing visual therapeutic effect of materials.
- 8. My project will letting the wellbeing community living in urban environment to healed by natural phenomena in any built environments where an immersion into nature is not possible at any time by taking on the mixed reality goggles.

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